

A
Gathering
of Men



November
24th to 27th, 2011

with

Dave West

JourneyLines

258 Warby Rd,

Jiggi NSW 2480

Ph: (02) 6688 8242

or 0418 492 945

Email: david@journeylines.com.au

and

Chris Chaplin

Glastonbury Hermitage

86 Toms Creek Rd,

Ellenborough NSW 2446

Ph: 0418 485497

Email: crow.worc@aterc.com

Check the Journeylines website: www.journeylines.com.au

or ATERC Website: <http://www.aterc.com>

This is a gathering of men:

- who want to take time to be present to themselves.
- who want to explore their inner world
- who want to connect with the more of who they are.
- who have 'sorry business', hurts, to tend to.
- who want to be in life with all of who they are, mind and body, feelings and spirit.

All you need to participate is:

- your story
- the desire to connect with more of your wholeness.

This is a weekend of personal exploration:

- in a supportive group of fellow men.
- starting from 'what is happening for me in life, now'.
- using methods from Emotional Release Counselling.
- getting beneath our thinking and rationalising.
- getting to layers of feeling and release.
- being guided by the inner wisdom/healer that we each have.
- listening to parts of ourselves that are less conscious.

The methods offered provide:

- ways of experiencing both conscious and unconscious parts.
- ways of feeling deeply, releasing and clearing.
- ways of being present to our bodies, our emotions and our energy.
- ways of connecting with our biography, our birth and the transpersonal.

The methods include: (as appropriate)

- Sharing parts of our story.
- Bioenergetics and movement
- Sounding, drawing and journaling.
- Breathwork sessions and other meditations.
- Dreamwork, Sandplay and other symbol work.
- Child / adult integration process.

The facilitators for the weekend are Dave West and Chris Chaplin. Both are fully qualified Emotional Release Counsellors (ERC) and members of the A.T.E.R.C. Inc. Both Dave and Chris are actively engaged in furthering their own inner journeys. We will also have visiting Men Counsellors in their supervised clinical practice time to foster more Men Counsellors in the field of TERC practices.

Details:

Venue: The Inner Journey Centre
86 Toms Creek Rd, Ellenborough NSW 2446

Time: Thursday 24th November 6pm (for dinner) to Sun 27th 4pm

Cost of three days: (incl. meals & accommodation for 3 nights) \$ 360

Bring with you:

- drawing books & crayons, journal
- pair of sheets, pillow case and a towel.
- also your own personal items.

Bookings by: Evening of 23rd November 2011
Dave (02) 6688 8242 or 0418 492 945
Chris 0418 485 497

Next Groups: Late February 2012

We look forward to sharing the weekend with fellow men.

Warm regards,

Dave West and Chris Chaplin

The Invitation

By Oriah Mountain Dreamer - 07/15/2000

Copyright 1999 by Oriah Mountain Dreamer

It doesn't interest me what you do for a living. I want to know what you ache for, and if you dare to dream of meeting your heart's longing.

It doesn't interest me how old you are. I want to know if you will risk looking like a fool for love, for your dream, for the adventure of being alive.

It doesn't interest me what planets are squaring your moon. I want to know if you have touched the centre of your own sorrow, if you have been opened by life's betrayals or have become shrivelled and closed from fear of further pain. I want to know if you can sit with pain, mine or your own, without moving to hide it or fade it or fix it.

I want to know if you can be with joy, mine or your own, if you can dance with wildness and let the ecstasy fill you to the tips of your fingers and toes without cautioning us to be careful, to be realistic, to remember the imitations of being human.

It doesn't interest me if the story you are telling is true. I want to know if you can disappoint another to be true to yourself; if you can bear the accusation of betrayal and not betray your own soul; if you can be faithless and therefore trustworthy.

I want to know if you can see beauty, even when it's not pretty, every day, and if you can source your own life from its presence.

I want to know if you can live with failure, yours and mine, and still stand on the edge of the lake and shout to the silver of the full moon, "Yes!"

It doesn't interest me to know where you live or how much money you have. I want to know if you can get up, after the night of grief and despair, weary and bruised to the bone, and do what needs to be done to feed the children.

It doesn't interest me who you know or how you came to be here. I want to know if you will stand in the centre of the fire with me and not shrink back.

It doesn't interest me where or what or with whom you have studied. I want to know what sustains you, from the inside, when all else falls away.

I want to know if you can be alone with yourself and if you truly like the company you keep in the empty moments.



Please return this portion by mail:

Men's Weekend

Ellenborough

November 24-27, 2011

Name: _____

Address: _____

Phone: _____

Email: _____

I am a vegetarian **YES/NO (please circle)**

Any special dietary requirements

Send details and deposit to:

Dave West at JourneyLines

258 Warby Rd, Jiggi. NSW 2480

Ph: (02) 6688 8242 or 0418 492 945

Email: david@journeylines.com.au

Deposit enclosed (\$100) _____ Owing _____

The Timetable for the 3 days:

Thursday

6pm:	Dinner
7.30pm:	Opening Sharing
Optional	Evening Movie Yoga

Friday

8am	Morning Meditation (1 st timers to have breathwork talk)
9am	Breakfast
10am	Breath Session 1
1pm	Lunch
2pm	Breath Session 2
6pm	Evening Sharing
7pm	Dinner
Optional	Evening Movie Yoga

Saturday

8am	Morning Meditation
9am	Breakfast
10am	Breath Session 1
1pm	Lunch
2pm	Breath Session 2
6pm	Evening Sharing
7pm	Dinner
Optional	Evening Movie Yoga

Sunday

8am	Morning Meditation
9am	Breakfast
10am	Explaining Sandplay
10.30am	Sandplay 1
12pm	Lunch
12.45pm	Sandplay 2
2.15pm	pack up rooms and clean the spaces
2.45pm	Final Sharing.